

CERTIFICATE

OF PARTICIPATION

This is to certify that

Dale Palfrey

Has successfully participated & completed the

8km Eastern Nights Trail Run #6

held at Benoni Country Club.

TIME 00:49:45

PACE 06:12/km

OVERALL 28 of 45

12 December 2019, Thu

Date

GENDER 22 of 27

UNDER 40 12 of 14



BoutTime

Signature